



**Name of Recipe: Berries & Cream Overnight Oatmeal**

TCS Process: #1 No Cook

Number of Portions: 4

Meal Contribution: 1.5 WGR Grain, .5 M/MA, ½ cup fruit

Alternate Menu Name:

Group Code: Entrees, Breakfast

Portion Size: Each

Ingredients	Measure	Instruction
Blueberries, fresh	1 cup	Step A: 1. Rinse blueberries and strawberries under running water and drain. 2. Dice strawberries into ½" pieces. 3. Combine blueberries and diced strawberries in a mixing bowl; use a spatula to combine.
Strawberries, fresh	1 cup	
Oats, old fashioned	6 oz	Step B: 1. Layer ingredients in a 12 oz clear cup in the following order: <ul style="list-style-type: none"> <li>• 1.5 oz (1/4 cup + 2 Tbsp) oats</li> <li>• 1/4 cup skim milk</li> <li>• 2 tsp honey</li> <li>• ¼ cup vanilla yogurt</li> <li>• ½ cup berry mixture</li> </ul> 2. Place in refrigerator overnight. <b>CCP: Hold and serve at 41°F or lower.</b>
Milk, skim	1 cup	
Honey	2 Tbsp + 2 tsp	
Yogurt, vanilla	1 cup	