

School Nutrition

Solutions & Strategies
for K-12 Foodservice

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NEWS Bites



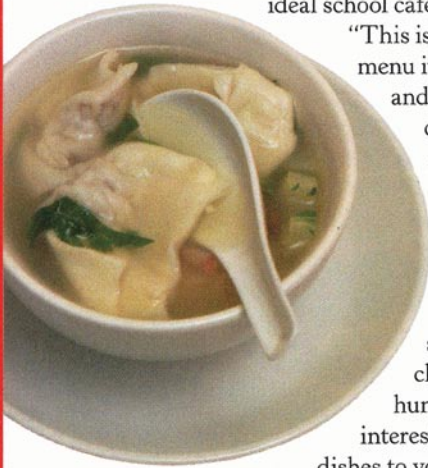
ETHNIC EATS

Surprising Savvy

They may cite pizza as their top choice for school lunch, but grade school and middle school students also have a strong desire to see ethnic dishes on the serving line, according to results from Y-Pulse, LLC's Dream Kitchen survey. Many of the students who shared their opinions through the whyville.net online community about what they envision as the ideal school cafeteria expressed an interest in global foods.

"This is a generation that knows—and orders—menu items like baba ganoush, tiramisu, pad thai and empanadas," observes Sharon Olson, co-founder of Y-Pulse. "Through this survey, we learned that they are interested in having a broader variety of authentic ethnic foods as choices for school meals."

In addition to stating that they would like to see a regular cross-cultural selection of menu items, many respondents listed specific dishes that they would like as menu choices. These included wonton soup, sushi, hummus, quesadillas and calamari! If you're interested in introducing a wider variety of ethnic dishes to your menu but aren't sure where to start, consider incorporating different types of spices and seasonings, suggests Tami Cline, PhD, SNS, Y-Pulse co-founder.



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