

snapshot

KIDS WILL EAT LIKE KIDS

In a survey of over 400 8- to 11-year-olds...

28% eat sandwiches daily, 62% at least once a week

90% eat pizza and chicken at least once a month

85% eat fruit and 70% eat vegetables as a snack at least once a week

72% drink milk every day

10% drink coffee almost every day

38% are on a diet

Boys eat burgers more than girls Girls eat sandwiches, salads and pasta more than boys

Boys drink sports drinks more often than girls

Girls drink more water than boys

Girls read food labels more often than boys

SOURCE: Y-PULSE LLC

Our annual look at the creative (kangaroo cups #1), the inventive (celery

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straws #50),

in smart

7es #7) and

GREAT

ightly weird – but

in a good

way (after-

dinner tattoos #31)



Ethanol's rise is costing you money

Write a no-risk catering contract

